

THE MY LIFE MY CHOICE PREVENTION SOLUTION MODEL



A blueprint for service providers working with vulnerable and exploited youth in an effort to prevent commercial sexual exploitation and re-victimization.

Through more than 15 years of offering groundbreaking programs and trainings, as well as survivor-led mentoring to exploited youth, My Life My Choice has amassed extensive experience and knowledge. We continue to pioneer best practices for prevention.

AWARENESS IS NOT ENOUGH.

Effective prevention encompasses changes in attitudes, knowledge, and skills.



SHIFTS IN BEHAVIOR.

Empowering youth through prevention education

Our survivor-led Exploitation Prevention Curriculum has become the standard. We have trained service providers in more than 30 states.



SHIFTS IN PRACTICE & POLICY

Building your organization's capacity for impact through advanced trainings and policy development

Our survivor-led, expert trainers provide the skills, tools, and pathways to shift policies and practice to decrease risk of exploitation and make you most effective in your prevention efforts.



SUSTAINED SYSTEM-WIDE CHANGE

Becoming a My Life My Choice partner and tapping into the power of the My Life My Choice community

Our seasoned team provides partners with continued support and consultation.

"ALL CHILDREN WALKING THROUGH OUR PROGRAM DOORS ARE AT RISK OF EXPLOITATION, WHETHER THEY HAVE HISTORIES OR NOT. TO BE A PROGRAM THAT PROVIDES EDUCATION, RESOURCES, AND HONESTY WITHIN THE MY LIFE MY CHOICE PREVENTION MODEL, IT CREATES A SAFE SPACE FOR ALL OF OUR KIDS TO EXPLORE THEIR VULNERABILITIES, BUT MORE IMPORTANTLY HARNESS THEIR STRENGTHS IN FINDING THEIR VOICE AND CHOICE ALONG THE RECOVERY JOURNEY."

- KRISTEN CORKUM, ASSISTANT CLINICAL DIRECTOR, COHANNET ACADEMY

SHIFTING THE WAY VULNERABLE YOUTH ARE SERVED

MY LIFE MY CHOICE



SHIFTS IN BEHAVIOR

Empowering youth – the My Life My Choice Curriculum

Developed in 2002, our curriculum is:

- *Survivor-informed and research based*
- *Designed for secondary and tertiary prevention—aiming to reach the most vulnerable girls*
- *Currently being evaluated through a National Institute of Justice grant*



SHIFTS IN PRACTICE & POLICY

Advanced trainings and policy development

Our prevention training menu includes:

- *The Commercial Sexual Exploitation of Children: Understanding and Responding to Victims*
- *Becoming a Certified Facilitator of the My Life My Choice Exploitation Prevention Curriculum*
- *Advanced Residential Leadership Institute*
- *My Life My Choice Advanced Clinical Training*



SUSTAINED SYSTEM-WIDE CHANGE

Implementation and best practices

We offer ongoing consultation around best policies, implementation, and sustainability including:

- *Programmatic policy development*
- *Advanced data collection and customized reporting on outcomes aligned with national research*
- *Ongoing support and networking with other prevention providers through our online community*

PARTNER WITH US

Become part of a community committed to preventing the commercial sexual exploitation of children. We offer a menu of prevention solutions tailored for partners serving youth at risk of commercial sexual exploitation.

CONTACT US

MLMCPREVENTION@JRI.ORG